McCLAIN'S FOOD MARKET

SHEPHERD COMMUNITY NEWS

SMS Student of the Month



This year the Shepherd Middle School Student Council will be sponsoring a Student of the Month for each grade and subject. These students are chosen by their teachers for outstanding performance in the pursuit of academics. We would like to congratulate the following students on their performance this month.

6th Grade

Electives - Katelyn Pippin ELAR - Elisabeth Meilike Math- Juan Pena

Science - Drew Hodge

Social Studies- Bethany Hassler

7th Grade

Electives - Obie Galicia

ELAR- Tyler Foxworth, Montana McMaster, and Katlyne Pollard

Math- Kristi Hinze Science- Hope Counseller

Social Studies- Haley Mays

8th Grade

Electives - Aris Ramos ELAR - Gauge Elrod

Math- Walker Windt

Science- Adrian Almazan Social Studies- Jesse Monteaux

Picture Order:

Back Row (L-R)- Elisabeth Meilike, Haley Mays, Jesse Monteaux, Adrian Almazan, Arise Ramos, Juan Pena

Middle Row (L-R)- Katelynn Pollard, Kristi Hinze, Obie Galicia, Tyler Foxworth

Front Row (L-R)- Montana McMAster, Katelyn Pippin, Hope Counseller, Gauge Elrod, Walker Windt, Drew Hodge

Not Pictured- Bethany Hassler

Pirateers Reading Program at Shepherd Primary School

Parents, grandparents, babysitters, and caregivers are invited to bring your little ones, ages 2-5, to the Pirateers Reading Program.

You do not need to have a student enrolled in Shepherd ISD to attend. This program is free to any child 2-5 years of age. It is designed to provide a positive learning environment for children. You are asked to stay with your child during this time. Each session of Pirateers Reading Program will include: books read aloud, hands-on activities, snacks and lots of fun-

The reading program will be held at Shepherd Primary School from 8:00 a.m. - 9:00 a.m.on the following Tuesdays: September 13, September 20, September 27, October 4, October 11, October 18, October 25, November 1, November 8, and November 15.

If you have any questions, please contact Sarah Fulcher, Shepherd ISD Parent Liaison at (936) 628-2904 or email sfulcher@shepherdisd.net.

SHS Culniary Class gets Special Guest Speaker



Chef J, Jackie Salinas, excitedly presented her power point displaying her journey from her first FCCLA competition through her struggles and triumphs throughout Auguste Escoffier Culinary Institute, as well as her present career as a chef. Chef J also shared her 10 year plan of getting her International Restaurant Management degree, traveling the world, and owning her own restaurant. Chef J was a member of Shepherd High School's Pirate Galley and had a calling to return to share her story. Mrs. Keith and her Pirate Galley class are keeping up with Chef J's journey and have confidence that she will fulfill her dreams. Chef J was accompanied

20th Annual St. Jude BBQ CookoffThis wonderful event will kickoff on Friday, October 7, 2016 at

Browder's Marina on beautiful Lake Livingston. Please come out and enjoy all the entertainment benefitting The St. Jude Children's Research Hospital. We will have the David Allen Band playing for the dance on Friday night, along with a Margarita contest and dessert contest. Bright and early Saturday we will start things off with a Bloody Mary contest and all the other food groups, including beans, chicken, ribs, open and brisket. There will be a silent auction and a live auction during the day.

We will also have a Kid's Kolor Fun Run, starting at 12:00 p.m. There is motorcycle ride, which begins in Conroe and ends up at the Marina. On Saturday night, we will have music by the Rogue Runners and then later Justin Fulcher and the Burdens.

We always have wonderful auction items and you can do some early Christmas shopping! We are also selling raffle tickets for a big screen TV. This is a very fun weekend and 100% of the proceeds go to this wonderful hospital for children. The research that they do for catastrophic childhood disease is freely shared with other hospitals across the nation and the world. Please come out and help us raise funds and have a little fun for yourself! Admission is \$10.00 at the gate and the wristbands are good for Friday and Saturday. For more information, please contact Glenda Dean at (936) 365-3401.

East Texas Seed Exchange

EastTexas Seed Exchange is accepting seeds! You can mail them or drop them off in person at: 5055 FM 222 Coldspring, TX 77331 The mission is to pay it forward.

sharing = caring

I encourage you to start saving your seeds. We have received okra, green beans, tomatoes, bell pepper, etc.; too many to list. Very good response! We will be having an exchange day in January so they can be exchanged in time for the spring planting. Please go to our Facebook page and share with your friends!

If I get enough interest in having a class on how to save seeds, we will set a date! You can text or call if you are interested in attending.

If you have any questions, you can contact Teresa R. at (281) 468-4857

Buy \$mart, Eat Well

ITALIAN CASSEROLE WITH BISCUIT TOPPING



Ingredients:

1 lb ground beef or chuck (FP "McClain's Famous" Fresh Ground

Chuck on sale \$2.99lb!) 1/2 cup chopped onion (white onions on sale 2lbs/\$1.00!)

salt and pepper 3/4 cup water

1 (8 oz) can tomato sauce (Parade tomato sauce 8oz. on sale 4/\$1.00!)

1 (6 oz) can tomato paste 2 cups (8 oz) shredded mozzarella cheese

1½ cups peas, carrots and corn (or any mixed vegetables) (Parade **CANNED** vegetables on sale 3/\$2.00!)

1 (16 oz) can refrigerated flaky layer biscuits (Pillsbury Grands Biscuits 16oz on sale 4/\$5.00!)

1 tablespoon butter, melted (Parade Spread Crock 45oz on sale \$1.79!) ½ teaspoon dried oregano, crushed

Directions:

- Preheat the oven to 375°F. Spray a 13x9-inch baking dish with nonstick cooking spray.
- In a large skillet, cook the ground beef, breaking up as it cooks. When it is about half-way cooked through, add the onion and continue to cook until the onion is soft and the ground beef is fully cooked. Drain, if necessary, and season to taste with salt and pepper.
- Add the 3/4 cup water, tomato sauce and tomato paste. Simmer over medium-low heat for 15 minutes, stirring occasionally.
- · Spread half of the hot meat mixture in the bottom of the prepared baking dish. Top with ²/₃ cup of the mozzarella, then spread the vegetables evenly over the cheese. Top with another ²/₃ cup of mozzarella. Spread the remaining meat mixture over the top. Sprinkle the remaining cheese over
- Open the biscuits and split each biscuit in half lengthwise, making 16 thinner biscuits. Arrange layers of the biscuits over the top, overlapping, in 3 rows of 5 each. (You will have one half of a biscuit leftover.)
- Brush the melted butter over the tops of the biscuits. Sprinkle with the oregano. Bake the casserole until golden brown, about 25 minutes.

Make it a Meal!

Serve with a fresh green salad full of vegetables and warm garlic bread. (Parade garlic bread on sale 3/\$5.00!)

Recipe found at www.tasteandtellblog.com

The Power of Patriotism

A TRIBUTE TO 9/11

by Mrs. Sandy Everitt's 5th grade class, 2001



I love living in a small community As I drive all around I love to see the patriotism That has spread throughout our town. Everywhere you look You see red, white and blue On fences, mailboxes, windows And stuck in hay bales too! Some are plastic...some are cloth Many the wind has torn. Everyone is joining in Sometimes it's even worn. This week I saw it folded Right beside a man's head Birth to a nation in time of need Tribute to the honored dead. Even the Aggies at A & M Had to do their part The stadium became OLD GLORY Straight from their Texas heart. Now that our eyes are open And we begin to see Red, white and blue everywhere To remind us that we are free. It's amazing how this Power of Patriotism Has all of a sudden spread But we must NEVER forget the reason Remembering the countless dead. Did it take such a tragedy Like the terrorist have done For us to raise Old Glory And again become ONE! So many lives instantly changed Orphans, widows and pain all around We will forever remember 9/11 as the day They tried to bring us down. We know that our faith and patriotism The power of the red, white and blue Will help us overcome the evils we face And carry our nation through!

Farley Chapel Cemetery Annual Meeting

Farley Chapel Cemetery will hold have the annual meeting on October 8, 2016 at 10:00 a.m. at the cemetery. For any questions, please call (281) 450-8392.



Whether you know a little or a lot about GARDENING, join us to learn more! For the first time ever, your San Jacinto County Master Gardener classes are available to the public for \$40 per class.

Come see what we are all about! Fall 2016 Class Schedule

San Jacinto County Master Gardeners

The following classes are \$40 and will be held at the Shepherd Extension Office, 11 Carrier Ave, from 11am to 4pm on Wednesdays. To make a reservation, call Lee at (713) 823-1497.

< Date: Topic, Speaker >

28-Sep: Bees, Butterflies, Tropical, Epiphytes & the Lake Livingston Project, Zac Stayton

12-Oct: Soils, Water, Plant Nutrients/Texas Tough Gardening, Linda Gray **26-Oct:** Plant Growth & Development and Junior Master Gardening, *Lisa*

2-Nov: Fruit & Nuts/Viticulture & Pesticides, *Dr. Judi Benestante*

Some clases may count towards CEU hours depending on your profession. Only the class time devoted to your specialty will be allowed for CEU credits. It is at the Extension Agents discretion to allow professional CEU credits.

Shepherd Preschool Parent Program

Shepherd ISD is proud to invite all pre-k parents to attend the Preschool Parent Program. Parents will meet other parents, learn about books to read with their children, and participate in activities that pertain to the books. The program will begin at 8:00 a.m. at Shepherd Primary School on the following Tuesdays: September 13th, September 20th, September 27th, October 4th, October 11th, October 18th, October 25th, November 1st, November 8th, and November 15th. Childcare will be provided for children ages 2-5 for participating parents. If you have any questions, please contact our Parent Liaison, Sarah Fulcher, at sfulcher@shepherdisd.net.

Did you know...

by Yvonne Ryba

The San Jacinto County Seniors Center in Coldspring has worked hard over the last few months to build up their bank balance. Last month we had the Talent Show. On October 1st there will be a 'Steak and Bake Night', which consists of steak, baked potato, Salad Bar, dessert and beverage. There will be entertainment to make the evening perfect and tickets cost \$20. The meal starts at 6 PM with The Mason Jar on

Court House Square cooking the steaks. Please book your place by calling (936) 653-4175. I have attended the last two fund raisers and they were well worth the money. It is one of the benefits of living in a small town, when we can come together like this and have a really great evening. You can see more in the San Jacinto County Bulletin, which is a great source of information for all of us.

Remember the Historical Commission is hosting our county's $\underline{'Zombie}$ Walk' on October 1. It starts at 10 AM through noon. There are prizes for the top 3 zombies. Here is a chance to dress and make up to look like those 'walking dead' folks. There are two categories. One is for the younger set age 10 years and below. The other for those over 11 years. Price to be a 'zombie'? Only \$5 which goes toward the Jail Museum and Old Town Site. There are application forms on line at www.sanjacintocountybulletinboard.com and you can find the Historical Commission info on their Facebook page. The zombies, young and old, will gather in Coldspring and make their way, with 'chaperones', to the Jail Museum, where the judging will take place.

Of course the County Fair and Rodeo is here again. Starting on September 16th through 24th, there is plenty to see or be a part of at this annual event. Go to their web site! It has the complete schedule. There are Carnival rides for the little ones, who can also rope 'dummies'. There is the Stock Show and Auction, the Fair and Rodeo Queen contest, and another contest for babies. (I would not want to try to judge either of these since they all look beautiful.) There are vendors of course and lots of great photo opportunities. Many organizations come to the Fair to hand out information or give away freebies. Of course, the venue is at the Fairgrounds!

As I mentioned last week, Shepherd will be treated to its Annual Community Lunch on October 20th. Hosted by Precinct 2 Commissioner Donny Marrs, with additional help from the City employees, the Commissioner donates a lunch at which all are welcome. Mark your calendars for all these events.

The next 'Social On The Square' in Coldspring will be on September 22. This month C.A.B.M.A. host a Chili Cook Off! You can bring your own drinks. The event starts at 5.30 PM- 7.30 PM. There will be 'socializing, shopping, entertainment and fun' so bring your lawn chairs and friends and come out for a great evening. Call Danielle at (832) 646-9888 for more info.

Have you a question about how to run your business or how to expand it? Are you puzzled by regulations or are just setting up a new business? Director Bob Barragan, of the Small Business Development Center, offers FREE consultation to those needing advice. Call your nearest chamber to schedule an appointment.

> Coldspring-San Jacinto Chamber of Commerce 31 N. Butler, Coldspring 77331 Call (936) 653-2184

> > www.coldspringtexas.org **Shepherd Chamber of Commerce**

Mail to PO Box 520 Shepherd, 77371 Call (936) 628-3515

www.greatershepherdchamberofcommerce.org



Church News



SPRING HILL BAPTIST CHURCH: Welcome to our annual church anniversary services celebrating one hundred seventeen years! Sunday, September 25, 2016 at 3:00 p.m. Reverend Frank Mason, Pastor; First Lady, Evelyn Mason; Associate Minister, Douglas Jackson; Prophetess, Sheila Jackson. Speaker: Reverend Russell Hutchinson, Jr. Sunlight Baptist Church, Houston, Texas, For more information please call (936) 767-8421 or (936) 653-4531.

SPRING HILL BAPTIST CHURCH: "Give Me a Drink" Mission Workshop, Saturday, October 8, 2016 at 9:30 a.m. Pastor: Frank L. Mason, Jr. & Elect Lady Evelyn Grace Mason. 9130 State Hwy 150 West, Coldspring, TX 77331. Contact person: Sister Rosie Reed (936) 653-4531. SPRING HILL BAPTIST CHURCH: Pastor Aids Program, Sunday, October 9, 2016 at 3:00 p.m. Theme: I am the good shepherd; the good shepherd giveth his life for the sheep. John 10:11. Sermon: Reverend Milburn, Jr.—North Mt. Olive Baptist Church, Cleveland, TX, Pastor: Reverend Frank Mason; First Lady: Evelyn Mason; Associate Minister: Douglas Jackson; Prophetess: Sheila Jackson. For more information, please call (936) 767-8421 or (936) 653-4531.

LAKE POOL BAPTIST CHURCH: We invite all to our 140 th Church Homecoming on September 25, 2016 at 3:00 p.m. in Shepherd, TX. Guest Speaker: Rev. Roy Milburn from Mt. Olive Church, Cleveland, TX.

CALL TO CALVARY MINISTRIES: A church that preaches the Message of the Cross. 793 Thomas Castleberry Rd. Shepherd (off of FM 1127) Sunday 9:30 a.m. SS Worship Service 10:30 a.m. Sunday evening 6:30 p.m. Thursday 7:30 p.m. All welcome!

INSPIRING HOPE WOMEN'S OUTREACH MINISTRY: Inspiring Hope Women's Outreach Ministry is extending a "Special Invitation" to women of all ages to come and join us, as we reach out to "touch and change lives" through the study of God's Word. The ministry began in February 2015 when five faithful women, who love God, had a desire to make a difference in their lives as well as the lives of others in the community. Not only do we meet and study God's Word, but we have so much fun doing so!

The meetings are on every third Thursday of the month, beginning with a morning visitation at the Woodland Park Nursing Home in Shepherd, Texas at 10:00 a.m. to 11:00 a.m., followed with an afternoon bible study of the "Women of the Bible" from 4:30 p.m. to 5:30 p.m. at Mt. Zion Baptist Church, 350 South Hill Street, Shepherd, TX 77371.

It is amazing what this ministry has accomplished within a short period of time! What started out with five dedicated women has now begun to grow. Our members include: Director, Dr. Anita Wright, Margaret Williams, Christie Andrews, Sandra Harrison, Sylvia Scott, Sheryl Griffin, Ann Moreland, Eunice Cavil, Jewel Bogney and Ruby Hubbard.

Please come and join us for the next monthly meting scheduled for Thursday, October 20, 2016. We know you'll be blessed! In the meantime, there is a Question: "What kind of woman am I?" For additional information, please contact:

Margaret Williams: (936) 232-2005 Ruby Hubbard: (936) 628-3994

Sylvia Scott: (713) 299-1524

Senior Menu

WED 9/21: Chicken & Dumplings, Okra & Tomatoes, Cornbread, Salad, Fruit THUR 9/22: BBQ Pork Sandwich, Potato Salad, Baked Beans, Salad, Fruit FRI 9/23: Meatloaf, Sweet Potato Fries, Squash Casserole, Cornbread, Salad, Fruit

MON 9/26: Pork Loin, Gravy, Mashed Potatoes, Cabbage, Cornbread, Salad, Jell-O

TUE 9/27: Smothered Chicken Tenders, Macaroni & Cheese, Green Beans, Rolls, Salad, Fruit

WED 9/28: Fried Chicken, Mashed Potatoes, Cream Gravy, Creamed Spinach, Rolls, Salad, Fruit

THUR 9/29: Beef Enchiladas, Rice & Green Chile Casserole, Refried Beans, Tossed Salad, & Dressing, Fruit

FRI 9/30: Baked Potato Stuffed With Chicken Nuggets & Cream Gravy, Black Eye Peas, Cornbread, Salad, Fruit



Second Tuesday of each month includes birthday cake! Call (936) 628-3733 by 9:30 a.m. to reserve a meal! Menus are subject to change based on availability



Birthdays from the Senior Center - September



Pictured: Charles Hensarling & Linda Alston

Birthday Wishes To: Bill Albright Jr., Bill Arrendell, Christine Cronin, Robert Crumpler, Sidney Ferrell, Tuggy Hamzy, Faye Hawthorn, Judy Landrum, Jimmy Long, Johnnie Odom, Melba Parker, Eddie Pate, Shirley Rand, Carolyn Schmid.

Happy Birthday Leann!



Happy 4th Birthday to our beautiful little girl, Ms. Leann Leray Thomas on September 27th!! Mommy and Daddy (Kevin & Connie Thomas) -Paw Paw Roy, Maw Maw Linda, Papa Chuck & Grandma Leslie Thomas, and the rest of your family want to wish you the happiest of birthdays ever!! We love you very much!



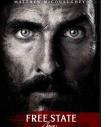




Neighbors 2: Sorority Rising (R) comedy: When their new next-door neighbors turn out to be a sorority even more debaucherous than the fraternity previously living there, Mac and Kelly team with their former enemy, Teddy, to bring the girls down. Starring: Seth Rogen, Rose Byrne, Zac Efron

Teenage Mutant Ninja Turtles: Out of Shadows (PG-13) action/adventure:

After facing Shredder, who has joined forces with mad scientist Baxter Stockman and henchmen Bebop and Rocksteady to take over the world, the Turtles must confront an even greater nemesis: the notorious Krang. Starring: Megan Fox,



Will Arnett, Tyler Perry

Free State of Jones (R) action/ biography: A disillusioned Confederate army deserter

returns to Mississippi and leads a militia of fellow deserters, runaway slaves, and women in an uprising against the corrupt local Confederate government. Starring: Matthew McConaughey, Gugu Mbatha-Raw, Mahershala Ali

McClain's does not maintain Cajun DVD movie kiosk and therefore cannot guarantee all movie releases.

Community Classifieds

FOR SALE: Hunting Season Special! 2001 Yamaha 4-wheeler, Buck Masters, Big Bear 400. \$2500.00, includes winch, cargo & Dig gun racks, new battery. Call (936) 355-7121.

Community Calendar

9/15-24: SJC Fair & Rodeo @ SJC Fair Grounds

9/22: Social on the Square Chili Cook-Off, 5:30-7:30PM @ Coldspring Square

9/25: Lake Pool Baptist Church Homecoming, 3PM

9/25: Spring Hill Baptist Church Anniversary Service, 3PM 9/28: Bridge of Hope Community Church "Community Fellowship

Dinner," Shepherd Middle School, 7PM.

10/20: Annual Community Lunch, 5:30PM-7:30PM

10/1: Zombie walk; 10AM-12PM

10/1: Steak & Bake Night, 6PM @ The Mason Jar in Coldspring

10/4: Pirateers Reading Program, 8-9AM @ Shepherd Primary School 10/7: SISD Homecoming

10/8: Farley Chapel Cemetery Annual Meeting, 10AM @ Cemetery

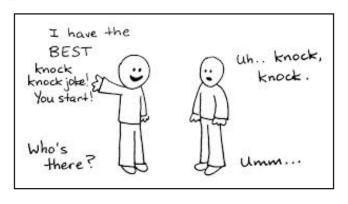
10/8: Spring Hill Baptist Church Mission Workshop, 3PM

10/9: Spring Hill Baptist Church Pastor Aids Program, 3PM 10/11: Pirateers Reading Program, 8-9AM @ Shepherd Primary School

10/18: Pirateers Reading Program, 8-9AM @ Shepherd Primary School 10/20: Inspiring Hope Women's Outreach Ministry Monthly Meeting, 10-11AM@WoodlandParkCemetery&4:30-5:30PM@Mt.ZionBaptistChurch

*Every Monday & Tuesday: SISD Bilingual Parent Involvement, 6-8pm at middle school library.

OKE WEEK



Business News





health insurance through the Marketplace or have questions concerning insurance. Open enrollment begins November 1, 2016. Schedule an appointment with your local navigator, Tiffany Mijares at (936) 633-5611.

> tiffany.mijares@myburke.org Cell Phone: (936) 208-2316 www.myburke.org

JC'S TRUECARE PHARMACY

We are pleased to announce the new hours of operation

Monday - Friday 9:00 a.m. - 6:00 p.m. Saturday 9:00 a.m. - 1:00 p.m.

Please feel free to contact JC's Pharmacy 11011 Hwy 150, Shepherd, TX. Phone: (936) 628-2099 Fax: (936) 628-2530.

We accept Medicaid-Medicare-Medicare Part D and most insurance cards (compounds-cash only)

Power Washing



We can power wash your house, Trailer, Driveway, Vehicles, Boats RV's, ATV, and UTV. **Gutter Cleaning & Kool Seal** We only use biodegradable cleaners, safe for pets and children Call Randy for a FREE Estimate

(936) 777-1288