SHEPHERD COMMUNITY NEWS



Menu Demonstrations and Tasting...

Rustic Vegetable Pizza Mediterranean Beef Pitas Blueberry Cheesecake Bars Peach Pistachio Sorbet Baklava Cups Moroccan Chicken Thighs Fresh Tomato Salad Roasted Cauliflower Fresh Beet Slaw

GRILIFE EXTENSION

Pre-registration required: No later than <u>Tuesday September 1, 2015.</u> Make checks or money orders payable to: San Jacinto County EPC and mail or bring to the Extension Office:

Mail to: Dinner Tonight P.O. Box 1086 Shepherd, Texas 77371

Other Cooking Schools:

September 15 in Milam County (Cameron), September 21 in Brazos County (College Station), September 23 in Walker County (Huntsville), September 24 in Montgomery County (Conroe), September 28 in Grimes County (Navasota), September 29 in Burleson County (Caldwell),

September 30 in Lee County (Giddings)

For more information contact:

Brandon Gregson- San Jacinto County Extension Agent or Janice Chamblee at (936) 628-6407

Educational programs by the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age or national origin. The Texas A&M University System, U.S. Department of Agriculture and the County Commissioners Courts of Texas Cooperating. Persons with disabilities requiring auxiliary aids or special accommodations should contact the Extension Office at (936) 628-6407 at least one week prior to the event.

SHEPHERD ISD

<u>Public Notification of Nondiscrimination in Career</u>

and Technical Education Programs

Shepherd ISD offers career and technical education programs in Agriculture, Food and Natural Resources; Architecture and Construction; Culinary, Human Services, Education and Training, Health Science and Information and A/V Technology. Admission to these programs is based on interest and aptitude, age appropriateness, and class space availability. It is the policy of Shepherd ISD not to discriminate on the basis of race, color, national origin, sex or handicap in its vocational programs, services or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.

It is the policy of Shepherd ISD not discriminate on the basis of race, color, national origin, sex, handicap, or age in its employment practices as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; the Age Discrimination Act of 1975, as amended; and Section 504 of the Rehabilitation Act of 1973, as amended.

Shepherd ISD will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs.

For information about your rights or grievance procedures, contact the CTE Coordinator, Jody Cronin at Shepherd High School, Shepherd, Texas 77371, or you may call (936) 628-3371.

DISTRITO ESCOLAR DE SHEPHERD

Notificacion Publica de No Discriminacion en Programas Vocacionales

en Programas Vocacionales olar de Shepherd ofrece progra

El Distrito Escolar de Shepherd ofrece programas vocacionales en Agricultura, Alimentos y Recursos Naturales, Arquitectura y Construccion; Culinario, Servicios Humanos, Educacion y Entrenamiento, y informacion y Tecnologia A/V. La admission a estos programas se basa en el interes y capacidad, edad apropiada, y disponibilidad de espacio en la clase.

Es la politica del Distrito Escolar de Shepherd no discriminar a base de raza, color, origen nacional, genero, o discapacidad en sus programas de formacion profesional, servicios o actividades requeridas por Title VI Ley de Derechos Civiles de 1964, en su forma enmendada, Title IX de Enmiendas de Educacion de 1972; y Seccion 504 de La Ley de Rehabilitacion de 1973, en su forma enmendada.

Es la politica del Distrito Escolar de Shepherd no discriminar a base de raza, color, origen nacional, genero, discapacidad, o edad en sus practicas de empleo de acuerdo con Title IV Ley de Derechos Civiles de 1964, en su forma enmendada; Title IX de Enmiendas de Educacion de 1972; El Acto de Discriminacion por Edad de 1975, en su forma enmendada; y Seccion 504 de La Ley de Rehabilitacion de 1973, en su forma enmendada.

El Distrito Escolar de Shepherd tomara medidas para asegurar que la falta de habilidades del idioma ingles no sea una barrera para la admision y participacion en todos los programas educactivos y de formacion profesional.

Para obtener informacion sobre sus derechos o los procedimientos de queja, pongase en contacto, Jody Cronin, Shepherd High School, Shepherd, Texas 77371, o puede llamar al (936) 628-3371.

Dinner Tonight Healthy Cooking School Road Show Just Weeks Away

Mark your calendars now to join us for food and fun at the Dinner Tonight Healthy Cooking School Road Show, which will be presented by Texas A&M AgriLife Extension Service. The local event will be held Tuesday, September 8, 2015 from 12:00 to 1:30 p.m. at the Shepherd Community Center located at 10251 Highway 150 Shepherd, Texas 77371. The doors will open at 11:30 a.m.

Our demonstration recipes are cost effective, easy to prepare, and fit into a healthy meal plan. In today's fast-paced lifestyle, nutrition and exercise do not have to be on the back burner. Dinner Tonight is designed to help busy families enjoy healthy and delicious meals, and we even provide fitness tips to help people become more active.

During the cooking school, everyone will see demonstrations of quick and easy-to-make recipes from the Dinner Tonight Cookbook. County Extension experts from seven counties will conduct the food demonstrations. Door prizes will be given throughout the event. Each participant will be provided with a copy of the Dinner Tonight Cookbook and Texas Beef Council recipes in the registration bags. The unique cookbook contains 12 menus which include the entrée, sides, and dessert. This cookbook contains six bonus recipes and is perfect for busy families. We are targeting busy people who still want to make time for meal preparation and feel good about what they are feeding themselves and their family. Our goals are to celebrate family mealtime, teach families healthy meal planning and food preparation techniques, and promote Texas agriculture. The school is limited to the first 80 who register.

This is a unique cooking school because it's a road show. We recognize schedules are busy. So if the San Jacinto County date is not a good date, register for one of the other stops—September 15 in Milam County (Cameron), September 24 in Montgomery County (Conroe), September 28 in Grimes County (Navasota), September 29 in Burleson County (Caldwell), September 30 in Lee County (Giddings).

The cost of the event is \$20 in advance. Pre-registration is required one week prior to the event. Register by mail at P.O. Box 1086 Shepherd, Texas 77371 or in person at 11 Carrier Avenue, Shepherd Texas 77371. For additional information, contact County Extension Agent Brandon Gregson or Janice Chamblee at (936) 628-6407. You can also view recorded food demonstrations on our Dinner Tonight website at http://healthyliving.tamu.edu, with recipes that are easy to download.

Free Clothes for Shepherd Students

Esther's Closet will be open Aug 20th 5:30 -7:00 Esther's Closet is a ministry of First Baptist Church in Shepherd that provides clothes to any student of Shepherd ISD. The clothes are completely free! Every 2nd and 4th Saturday of the Month between 9:00 a.m. - 12:00 p.m., Esther's Closet will be open in the Fellowship Building (located across from TD's). The student will need to be present to receive clothes, and have a vouch that they can get from any school counselor to verify their enrollment in Shepherd ISD. Each student will be allowed to select 10 items on their first visit and 5 more items each preceding month. If you are parent of a student and the above-mentioned hours of operations are not possible, please do not hesitate to contact the church office at (936) 628-3130, speak with the school counselor or email me at reranholden@aol.com. If you would like to make a donation of new or gentle used clothing or money, coupons, or store vouchers please contact Rebecca Holden at <u>reranholden@aol.com</u>. Esther's Closet along with First Baptist Church desire to help as many students as possible and share GODS Love.

Happy 2nd Birthday Elaura Danan Henderson



Elaura turned 2 on August 10th!
We celebrated her day with friends and family!
"We love you Elaura!"
Love, Mommy, Daddy and Sissy
Nana, Papa, Bubba, and your aunts, uncles and cousins!

McClain's Lost and Found Box

- 1 ring (found 6/5/15)
- 1 metal cigarette case
- 2 pairs of eye glasses 3 bank cards
- 1 TX I.D.
- 1 baby toy remote
- 1 wallet (possibly a child's)
- 1 thread/bead bracelet1 blood sugar testing kit
- 5 cell phones
- Misc. keys 1 pair of goggles
- 3 food stamp cards 1 Aetha insurance card
- 1 cell phone clip/holder
- 1 large knife1 car clicker
- vead bracelet 1 car clicke lgar testing kit





A: In the mainstream.

"McClain's Food Market"



City of Shepherd is Accepting Applications for the November 2015 Election

The City of Shepherd is accepting applications for a place on the ballot for the November 2015 Election.

The City has three aldermen positions that will be on the ballot.

Applications may be picked up at City Hall at the following time:

July 25,2015 - August 24, 2015

Monday-Thursday 7:00 a.m.-5:00 p.m. City Hall is located at 11020 Hwy 150 Shepherd, Texas 77371

You must be registered to vote by October 5th to vote in the November 2015 Election

Early voting hours will be:
October 19-20 7:00 a.m. -7:00 p.m.
October 21-30 7:00 a.m. - 5:00 p.m.
City Hall is closed on Friday-Saturday –Sunday.

November 3-Election Day

Vote at the Community Center 7:00 a.m.- 7:00 p.m.

Qualification for Aldermen:

*Residence: One year in state prior to filing deadline - Six months in the City prior to filing deadline

*Age: 18 and be a registered voter at the time of the election.



Love sharing your opinion? Share it with us!



We want to know what you think of Shepherd Community News! Please send us an e-mail telling us what you like, don't like, or think we could improve upon, because we think feedback is awesome, and we want everyone to love our paper just as much as we do! mcclains.shepherdnews@gmail.com

Did you know... By Yvonne Ryba We have a lot happening in our area this next week. If you want to relive the 1950's, enjoy Rock'n'Roll and enter a Jitterbug and Twist Contest,

come to Coldspring Community Center's "Community 50's Night Out" at American Legion's Post 629 at Camilla. There will be a Silent Auction, 50's style concessions, dancing to DJ Jimmy's 50's music and lots more. Burgers with Fries of course are on the menu along with Ice Cream Treats. (Go on spoil your self!) Tickets are \$20, available from Darchele at (963) 628-6739 and the evening starts at 6:00 p.m. This is a fund raiser for Coldspring's Community Center. Like them on Facebook!

Shepherd welcomes a new business, one who just became our latest member. Blessed Assurance HomeHealth Care Inc. is a faith based business with one office already open in Houston. They are in the same block as the Chamber of Commerce and EDC offices at 11231 Hwy 150. They are in Suite A and their motto is "Care that exceeds expectation!" They are licensed and certified and offer reliable and quality home health care with skilled nursing, occupational therapy, Homehealth Aide and evaluation, social work provider services and medical supplies coordination, among other things. If you need help call them at (936) 585-4519. Ask for Sheri! Outside our area call (1-855) 445-8444 or go to their website www. bahomehealthcare.com.

A few weeks ago I mentioned the 'Open Carry Seminar' at Shepherd Community Center to be held on August 21 at 7:00 p.m. This is a FREE seminar packed with information about the new laws around 'Open Carry' on campus, in public and so on. If you want to understand the complexities of the law, this seminar is for you. Terry Holcombe Sr. will be the leader of this educational program which runs about 2 1/2 hours, depending upon the question and answer time. There will be hand outs available and you will also be able to see how much the license will cost you, since there are many different discounts for different groups of people. For example, the Standard License costs \$140 the first year, then after that it is \$70 each year. If you are active in the military there is no fee. Active Texas Peace Officers pay only \$25 for the first year, then every year after the price stays at \$25. The same is true for Honorable Retired Peace Officers. A Senior Citizen, over 60, pays \$70 to start then \$35 each year after that. Indigent residents, that is below the poverty line, pay \$70 to start then \$35 each year after, There are more groups and you can learn more about each category at this seminar.

Here is an interesting contest for the creative ones among us! Can you design a flag for San Jacinto County? The contest will run into 2016, submissions must be delivered by April 21, which is the Battle of San Jacinto Day. County Judge John Lovett is instrumental in getting this contest off the drawing board, (so to speak!) and the rules are simple, you are asked that your design reflect the beauty and history of the county. Basic standard colors only are to be used, less than five preferred. Entries may be submitted in any art medium, but bear in mind the winning design will be digitized to make the flag 3 x 5. The winning design will become the property of San Jacinto under copyright. What is the prize? The American Legion in Camilla, will give a \$200 gift card and the winner will be honored during a special flag raising ceremony at the Courthouse in August, 2016 at the 146th birthday celebration.

The winning design will be selected in late May, early June next year. For more information email <u>deveritt@sjchistorical.com</u>. You may hand deliver your design to San Jacinto County Courthouse, County Judge's Office or mail them to the SJC Historical Commission at P.O. Box 505, Coldspring, TX 77331. This is a great way to honor our county and its

Shepherd EDC recently bought the property owned by the Dillon family on Hwy 150. President of the EDC, Joe Williamson, says that the intention is to move the offices of both Shepherd EDC and Chamber of Commerce into the building. One half has already been rented out to a new tenant. Watch out for our new address! Our phone number is of course staying the same.

Coldspring-San Jacinto Chamber of Commerce, 31. N. Butler St, Coldspring, 73371 (936) 653-2184 www.coldspringtexas.org Shepherd Chamber of Commerce, 11231 Hwy 150, Shepherd, 77371

Mail to: PO Box 520, Shepherd (936) 628-3890 www.greatershepherdchamberofcommerce.org For a FREE business consultation with Director Bob Barragan of Sam Houston State SBDC. Call your nearest Chamber. Bob has been the Director for many years of the Small Business Development Agency at Sam Houston State and is happy to help anyone who has questions or needs more information. Call the Chamber nearest you to make an appointment.

View the McClains Newspaper online! www.mcclainsfoodmarket.com

Buy \$mart, Eat Well

Roast Chicken

Ingredients

- 1 whole Chicken, Rinsed And Patted Dry (on sale \$0.79lb!)
- 3/4 cups butter, softened
- 3 whole lemons
- 4 sprigs rosemary (or dried Rosemary)
- Salt and pepper, to taste

Directions

1. Preheat oven to 400 degrees (convection bake. If you're using a standard oven, you can do 425.)

2. Zest two of the lemons. Strip the leaves off of one of the rosemary sprigs and chop it up finely.

3. In a bowl, combine softened butter, lemon zest, rosemary, and salt and

4. Line a baking sheet with heavy duty aluminum foil and lay the patteddry chicken on the foil, breast side up.

5. Use your fingers to smear the butter mixture all over the chicken, under the skin, and inside the cavity. Cut the lemons in half and squeeze the juice of one lemon all over the chicken. Place the six lemon halves (if they'll fit!) and the three remaining rosemary leaves into the cavity of the bird.

6. Place the chicken into the oven and roast it for 1 hour, 15 minutes or until done. Skin should be deep golden brown and juices should be sizzling. 7. Carve/cut up to your heart's content and dig in!

Make It A Meal! Serve with your favorite potato recipe (10lb bag on

sale \$2.99!) and fresh steamed cauliflower (on sale \$1.79 each!). Recipe from www.thepioneerwoman.com

Senior Menu

Mon 8/17: Meatloaf, Cheesy Potatoes, Fried Okra, Cornbread, Salad, Fruit Tue 8/18: Ground Beef Stroganoff, Buttered Pasta, Peas & Carrots, Cornbread, Salad, Fruit

Wed 8/19: Fried Fish, Hush Puppies, Macaroni & Cheese, Coleslaw, Banana Pudding

Thurs 8/20: Sausage & Cheese Quiche, Sautéed Potatoes & Onions, Wheat Toast, Tossed Salad, Fruit Salad

Fri 8/21: Chicken Nuggets, Cream Gravy, Buttered Rice, Okra & Crowder Peas, Cornbread, Salad, Fruit Mon 8/24: Hamburger Patty, With Onions, Brown Gravy, Mashed

Potatoes, Greens, Cornbread, Salad, Fruit Tue 8/25: King Ranch Chicken, Pinto Beans, Fried Okra, Cornbread,

Salad, Fruit Wed 8/26: Fried Chicken, Scalloped Potato Casserole, Purple Hull Peas,

Cornbread, Salad, Fruit Thurs 8/27: Egg Rolls & Sauce, Fried Rice, Oriental Veggies, Salad, Fruit Fri 8/28: BBQ Chicken, Potato Salad, Baked Beans, Wheat Bread, Salad, Fruit

Mon 8/31: Beef Stew With Meatballs, Macaroni & Cheese, Cornbread, Second Tuesday Of Each Month Dessert Includes Birthday Cake/

Menu's Are Subject To Change Due To Availability Call (936) 628-3733 By 9:30 a.m. To Reserve A Meal

City of Shepherd Highlights from Council Meeting

Mayor Coker called the meeting to order and asked Alderman Jody Holloway to give the prayer. After the Pledge of Allegiance to both the United States and Texas Flags, the minutes were read and approved by all. The monthly bills were approved for payment and we settled back to listen to Library Director Helenmarie Johnson give us a report on how Shepherd Public Library is doing. It is doing very well! We have increased the number of people who visit the library daily from around 45 to 140 approximately. When asked by Alderman Michelle Minton what did she think accounted for this increase, Helemarie replied she had instigated many new children's programs, including the Dr Seuss story telling programs, and more recently, the Dance Troupe exhibition, so that people had become more aware of the Library and so visits increased.

Constable Roy Pippin gave his monthly report next. He and Deputy Constable Ray Atchely made 60 patrols and written 31 tickets for a variety of violations. Constable Pippin said we have had a rash of burglaries. Please watch out for suspicious behavior in your neighborhood. There was an appeal by a member of the public on the agenda, but she did not appear to discuss this before the council. There was discussion on her appeal to change the decision made by the Library Director to ban her from the library. Ms Johnson explained that the person in question had become very confrontational with another library member and this had happened several times before. The council agreed that disturbing the peace in the library could not be allowed. It was decided to keep the ban in operation till the next meeting, when the circumstances would be considered again.

In Old Business, we considered the proposal by Constable Pippin regarding Josh Whitmire giving his services to the City free for one year as our Fire Marshal, in return for the City paying for his training. Yvonne Ryba applauded the ingenuity of this idea and after discussion the council approved this. The big item on our agenda came next. This was TxDot's invoice to the City of Shepherd for relocation of the City utilities on Highway 59. City Attorney Larry Foerster had done considerable work on finding ways for us to pay this very large sum of over \$770,000. There are differing ways, one consists of have a Bond election, another of asking the Water Agency for a loan. Both of these would increase the amount owed considerably, sometimes by nearly \$100,00. The Council looked at increasing the water rate to users by a very small sum each month, between \$3 to \$5. If TxDot would accept payments over 20 years, Shepherd could pay this invoice without costing residents large tax increases. The council asked Mr Foerster to negotiate with TxDot in the matter.

Johnathan Rhoden was granted a Mobile Home Variance after producing photographs and maps showing his home and its location in the City. The Mayor said we would be looking at some of the other mobile homes in the near future, which were in need of repair or removal because of their poor condition.

Budget time is fast approaching and the council decided to have a Budget Workshop on August 31 at 5:00 p.m. This will also allow us to factor in the TxDot payment issue into next years budget.

Shepherd Council meets on the second Monday of each month at 7:00 p.m. in Shepherd Community Center.

Happy Birthday, Seniors!



Pictured: Travis Castleberry, Charlene Anderson and James Talbert. Birthday Wishes to: David Costillow, Betty Greenhouse, Joyce Jones, Becky Marshall, George Ronnie Roberts, Roxann Rogers, Troy Wilke and Jerry Wood.



Have any good family recipes? Share them with us! You can send them to us through

Facebook or email us! mcclains.shepherdnews@gmail.com

August 19, 2015 Community Classifieds

FOR SALE: REDUCED PRICE! Two bedroom mobile home: 14x72, two full baths, central air and heat, shingle roof built over M.H., concrete, two car carport, fenced in backyard with 8x10 storage building, 30 foot by 15 foot 'tin' shed in back, 2-1/2 acres, not in city limits, on Highway 222. Asking \$59,000. Viewing by appointment only, call (281) 659-6485

WANTED: Non-working AC units, washers, dryers, stoves, ice boxes, riding mowers, motorcycles and RVs. Will pick up for free. Please call David at (936) 252-9043.

WANTED: Affordable housing for senior widow with dogs in desperate need of affordable housing. Please help. 281-709-8893

WANTED: All non-working A/C units, washers, dryers, stoves, ice boxes, riding mowers, motorcycles, campers & 4-wheelers. Please call (936) 252-9043.

FOR SALE: 16' Aluminum boat, 8' wide tunnel hull with 7.5 horsepower evinrude on galvanized trailer. Call 713-254-3106

FOR SALE: 1/4 acre on FM 223 in Shepherd. No utilities. Asking \$3,400 cash. (936) 483-8022

FREE: Maytag washing machine; has problems, but still works. 936-628-3007.

Community Calendar

8/17: Student registration by appt. only

8/18: Student registration by appt. only **8/19:** Student registration by appt. only

8/20: Student registration by appt. only

8/20: Meet the Teacher (see article for times)

8/21: Student registration by appt. only

8/21: Senior Resale Shop Bag Day

8/24: Shepherd Chamber of Commerce meeting, 6pm/EDC

8/24: Property Tax Budget public hearing 7PM at Shepherd ISD.

Church News

CALL TO CALVARY MINISTRIES: A church that preaches the Message of the Cross. 793 Thomas Castleberry Rd. Shepherd (off of FM 1127) Sunday 9:30 a.m. SS Worship Service 10:30 a.m. Sunday evening 6:30 p.m. Thursday 7:30 p.m. All Welcome!

DREW'S LANDING BAPTIST CHURCH: Are you looking for a church filled with love that preaches straight from the Bible? Look no further! This is the church for you! Pastor Chip Keel—(936) 628-1676. Sunday School, 10:00 a.m. Sunday Worship, 11:00 a.m. Wednesday night Bible Study 6:30 p.m. All welcome! Come as you are! Children's church available. 161 Thomas Castleberry off FM 1127. Just look for the big blue House of God. We would love to have you - GOD BLESS YOU

HARMONY CHURCH: An independent spirit filled church with life message services—Sunday Bible class 10:00 a.m.—morning worship 11:00 a.m.—Sunday evening 6:00 p.m.—Wednesday evening 6:30 p.m. Third Sunday pot luck, men and women's groups. Come worship with us! Rev. Ben Cartwright, Pastor

HARMONY CHURCH: We will be having our Annual Bar-B-Que on September 4th & 5th! There will be a change in the menu this year! We will have pulled pork, chopped beef and sausage sandwiches with potato salad, beans and bread. Due to the rough budget year and the changing leadership we are unable to provide our usual briskets. Next year it will be back. Please bear with us as we adjust. Thank you for all your support.

SPRING HILL BAPTIST CHURCH: REVIVAL TIME! August 17-19, 2015 at 7:30 p.m. Theme: "The instructions of the Lord are perfect, reviving the soul." Psalm 19:7 Rev. Charles Furr & Pleasant Rose Holiness Church. Sister Rosie Reed (936) 653-4531.

Pastor's Aid Program

October 11th at 3:00 p.m. Spring Hill Baptist Church 9130 State Hwy 150 West, Evergreen, TX Guest Speaker: Rev. Milburn North Mt. Olive Baptist Church Cleveland, TX Theme: Laboring for the Lord **Scripture:** 1 Corinthians 15:10 But by the Grace of God I am what I am: and his grace Which was bestowed upon me was not in vain, But I labored more abundantly then them all: Yet not I but the grace of God which was with me. Pastor Dr. Frank L. Mason Jr. For more info please contact Sis. Rosie Reed (936) 653-4531

Business News

ATTENTION

Due to the increasing number of business ad submissions there will now be a fee implemented for submitting a business advertisement into the Shepherd News newspaper as of May 28, 2015. The fee will be \$20 per business advertisement per week, or \$75 for four weeks. Ad cannot exceed the size of a regular business card. Payments will need to be given to McClain's Courtesy Booth at time of submission. If you are emailing your ad directly to Shepherd News, a payment will still need to be dropped by the Courtesy Booth. We will only be able to take cash for advertisements at this time. All advertisements subject to available space. If allotted space is not available, ad will be pushed back to a later week at editor's discretion.



6730 Highway 59 Shepherd, TX 77371 Inside Valero Gas Station on Highway 59 2 Free Cookies with this ad!

For news or special events to be published in Shepherd Community News: Drop off your information/picture at McClain's, e-mail to mcclains.shepherdnews@gmail.com, or fax to (936) 628-2866. Information may not be taken over the telephone. Include contact information on your request to have something published. Our deadline is 6 p.m. Tuesday for the following week.