A Public Service of McCLAIN'S FOOD MARKET

Shepherd, Texas August 17, 2016

SHEPHERD COMMUNITY NEWS

Meet the Teacher Night! Thursday, August 18, 2016

Shepherd Primary

Pre-K and Kindergarten 5:00 p.m. - 6:00 p.m. **1st and 2nd grade:** 6:00 p.m. - 7:00 p.m.

Shepherd ISD staff is excited about meeting our new students and parents. Students and parents can come meet their teachers and listen to a short orientation about their new class.

Shepherd Intermediate

6th Grade: 5:30 p.m. - 6:00 p.m **7th and 8th Grade:** 6:00 p.m. - 7:00 p.m

Sixth graders and their families are invited to attend the orientation and be the first middle schoolers to receive their 16-17 schedules! Orientation is a chance for sixth graders only to get to know where everything is, ask any questions, and discover whom everyone is before school starts.

SHS Freshmen Orientation

We are excited to welcome the incoming SHS Freshmen students with Freshmen Orientation on Tuesday, **August 16, 2016**! Orientation will be from 6:00 p.m. until 7:00 p.m. Everyone will meet in the High School Cafeteria for a welcome and information session.

Students will pick up first day registration packets, turn in class shirt size and pick up their schedule after all information is given. We will also have a copy of our school campus map available for the freshmen students and their parents to tour the building and locate classrooms.

We hope to see all of the Class of 2020 at orientation on Tuesday!

New School Times for SISD

Each campus in Texas is required to be in session for 75,600 minutes per school year. The length of the school day has been extended in Shepherd ISD to meet this requirement.

Shepherd ISD 2016 - 2017 School Times
High School - 7:50 a.m. to 3:30 p.m.
Middle School - 7:50 a.m. to 3:30 p.m.
Intermediate School - 7:50 a.m. to 3:20 p.m.
Primary School - 7:50 a.m. to 3:20 p.m.

SHS Cheerleaders Selling Ads for the 2016 Football Program

Ad prices are as follows:
Full Page \$200 Half Page \$150
Quarter Page \$100 Business Card \$50
Deadline is approaching fast (Aug 15).

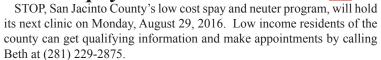
Deadline is approaching fast (Aug 15).

Please contact a cheerleader or call (281)622-0481 for more information

We also are in need of sponsors for Spirit Footballs and Rally Towels.

Please call for more information.

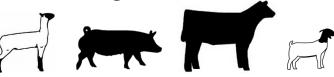




All San Jacinto County pet owners on public assistance are encouraged to take advantage of the STOP program. Not only will spay and neuter prolong the lives of your cats and dogs, but will also prevent the births of many unwanted puppies and kittens. You will literally save the lives of untold numbers of animals by keeping them out of shelters and off the streets of our communities. We welcome you to participate. Please call (281) 229-2875 today.

Friends of the Shepherd FFA Booster Club Progress Show and Cake Auction

August 27, 2016



Shepherd High School Ag Barn

- Registration 7:00 8:00 a.m.
- Pig Show 8:30 a.m.
- Cattle Show To Follow
- Cake Auction To Follow
- Goat Show To Follow
- Lamb Show To Follow

Entry fee will be \$10.00 per head and individuals may enter multiple head. County Fair Exhibitors that will be showing in September only please.

The Shepherd FFA will also be hosting a silent auction with various items to bid on. Concession will have drinks available.

Rebecca Nix is Shepherd ISD's Educator of the Year



Rebecca Nix, Shepherd High School Spanish teacher, was recognized at Region 6 Education Service Center on Friday, August 5. She was named Shepherd ISD's Educator of the Year and then selected as one of ten secondary educators to be honored at the Region Center banquet. Her enthusiasm motivates students to exceed their expectations and potential for success.

SJC Emergency Plan Being Updated Public Input Being Sought

San Jacinto County's Office of Emergency Management is holding a public meeting August 16, 2016, at 1:00 p.m. to discuss updating the current Hazard Mitigation Action Plan (HMAP). Surrounding jurisdictions and interested citizens of San Jacinto County are invited to attend. The purpose of this public meeting is the development of future action and mitigation projects. The meeting will be held in the Election Administration Building located

The meeting will be held in the Election Administration Building located at 51 E. Pine Ave., Coldspring, TX 77331. Contact Josh Brogdon in the Emergency Management Office at (936) 653-3395 for additional information.

East Texas Seed Exchange Now Has a Drop Box

Our Drop Box is located at ocated at 5055 FM 222 Coldspring, Tx 77331. The mission is to pay it forward. Grow your garden, collect the seeds they produce and return them to the exchange for future generations.

Sharing = Caring
I encourage you to start saving your seeds. After several request yes we do accept flower seeds as well. Please go to the facebook page for additional information. You can like us on facebook.



- As Coldspring Methodist Church begins making plans for a Homecoming this Fall, area residents will be interested to learn something about the history of our county, as well as one of the main historical landmarks of Coldspring!
- The original inhabitants of San Jacinto County probably belonged to either the Atakapa or the Patiri Indian tribes.
- The first post office in the area was established in 1847 in Coonskin, then in Polk County.
- The history of San Jacinto County dates back to Stephen F. Austin's first colony, although the formal establishment of our county took place in 1870, when parts of Polk, Walker, Montgomery and Liberty counties were combined to form San Jacinto County. Austin's colony extended to the Trinity River watershed, roughly along Texas 156 toward Point Blank.
- Robert Rankin received a commission from the Mexican government to settle the area and was deeded 640 acres which included the present site of Coldspring.
- The Texas legislature established San Jacinto County with Coldspring as the county seat on August 13, 1870.
- The county was named in honor of the battle of San Jacinto, which ended the Texas Revolution.
- Religious organizations were important in the county's history. A Methodist Episcopal church was established at Coldspring on June 27, 1847.

Cited from "History of Coldspring United Methodist Church" Copyright 2003 and Texas State Historical Association website.

BLOOD DRIVE

GOOD SHEPHERD LUTHERAN CHURCH 901 Plum Grove Rd, Cleveland, TX SATURDAY, AUGUST 27, 2016

Gulf Coast Regional Blood Center will collect blood from 9:00 a.m. to 3:00 p.m. All donors will receive a gift certificate for a free pint of Blue Bell ice cream!

For an appointment call Jean (281) 592-7002 or go to the website www.giveblood.org

Share the gift of life...

Love. live. give.

Help for Parents of Children Who Stutter is as Close as Your Library

Thanks to some generous donations, the Stuttering Foundation has donated a new DVD, entitled Kids Who Stutter: Parents Speak, to 8,800 public libraries across the country.

In this 16 minute DVD, parents and speech-language experts talk about how to promote easier talking as they interact with their children. The professionals offer simple tips that parents can follow easily.

The DVD features some of the world's leading therapists with children who stutter: Lisa A Scott, Ph.D. of the Florida State University's School of Communication Science and Disorders; Ellen Kelly, Ph.D., of Vanderbilt University School of Medicine; speech-language consultants Frances Cook, MBE, MSc, Willie Botterill, MSc, and Elaine Kelman, MSc., from the Michael Palin Centre for Stammering Children in London.

"This is an important tool for families and teachers of children who stutter," added Jane Fraser, president of the nonprofit Stuttering Foundation. "Our latest DVD is designed to give parents and teachers the tools they need to play a vital role in the process of helping children who stutter."

For more information about stuttering write the Stuttering Foundation, PO Box 11749; Memphis, TN 38111-0749, call (800) 992-9392, or visit www.stutteringhelp.org.

The Foundation has provided free materials to over 8,800 public libraries nationwide. A public library that will shelve them can download a request form at http://www.stutteringhelp.org/libraries-information.

Could You be SJC's New Indigent Health Program Worker?

San Jacinto County is seeking applicants who are interested in filling the position of Indigent Health Care Administrator. The position will be available October 1, 2016 upon the retirement of Barbara McGee. Ms. McGee has diligently served the residents of the county since January 22, 2007 and has held this position since August 2014. Ms. McGee has been a precious asset to county government and the citizens of San Jacinto County. Her thoughtfulness and caring will be missed by all of the people that she has helped through the years.

The San Jacinto County Commissioners Court will be accepting applications from anyone interested in this position through the end of August with interviews to be held September 13, 2016. Complete job descriptions and information can be obtained by contacting Office of County Judge, John Lovett, in the San Jacinto County Courthouse, 2nd floor or by calling (936) 653-2199.

The positions primary responsibilities are to audit and process medical and pharmaceutical claims for the county indigent health care program using state and HIPPA guidelines. To track inpatient expenditures to ensure payment is based on the most cost effective formula. To correspond with medical providers, law offices and insurance companies to coordinate benefits and ensure that the county is payer of last resort. To seek reimbursements for medical services from third parties, mainly the Texas Dept. of State Health Services. To maintain client files for indigent health care recipients, settlement for reimbursement of all county medical related expenditures and to prepare the Indigent Health Care Departmental annual budget.

In addition to the indigent health program duties, this position is also responsible for operating the county mailroom and serves as the County Records Management Officer.

OKE WEEK
Why were the swimming
elephants thrown out of the Olympics?



Because they couldn't keep their trunks upl

Did you know...

by Yvonne Ryba

Coldspring- San Jacinto Chamber of Commerce is in the final stage of getting their Member Directory to the printer. When you see copies around town in stores and businesses, pick up one. Apart from the list of businesses and services in our area, there are useful maps and ads. Of course, you will always be able to collect one from the Chamber office, the address is found below. This directory is good for two years. A lot of hard work has gone into organizing and proofing it, thanks to the board members who formed the Directory Committee.

Hot on the heels of their successful 'Elvis Comes to San Jacinto County Senior Center', comes another evening of entertainment and fun. 'Talent Show at the Senior Center' will be on Saturday, August 27 at 6:00 p.m. That is when dinner is served, the show starts at 6:30 p.m. Dinner will be a Hamburger Basket with a Drink. This show is sponsored by Susan Vaughan and is a wonderful opportunity for all the hidden talent in our community. Tickets are only \$20.00 so come out and be a part of this night! Better yet, can you sing? Can you dance, do impressions, tell jokes? Perhaps you are a magician or a juggler? If you want to be a part of this, call (936) 658-4175.

It has been too hot for me to do much gardening recently, but I have managed to look after all my potted plants indoors and outside. If you are interested in learning about orchids, you may want to attend a lecture at Coldspring Community Center at 12:00 p.m. on August 25. This event is hosted by San Jacinto County Master Gardeners and is called 'Orchids 101'. The lecture will be given by John Stubbings who is the owner of 'Clown Alley Orchids' in Pasadena. This is a beginners class on how to grow these beautiful flowers. The cost is \$5 if you just want to attend the lecture and \$25 if you want to plant your own orchid and take it home with you. Call (713) 252-5254 for more information.

Shepherd Chamber of Commerce offers its members a web page for your business on its web site. So, instead of having to do it yourself, you get a web page that features whatever you desire to put on it! This can be a special event you are having, a discount you are offering or maybe you have a new product or service you would like to advertise. If you have a Facebook page or your own web site, you can have the link on your page. All of this is part of your membership dues. You can include photos and any changes you want whenever you choose. This is a great deal, especially for the small business of one or two people, who can't afford to build and maintain their own web site immediately. For more information call the Chamber number below.

At the City of Shepherd Council meeting this week we recognized two city workers. Ray Rash has worked with the City of Shepherd for 18 years, while Meagan, who works in City Hall, had her baby girl, Amari. Both, mom and Amari are doing well. Congratulations to both of them!

Shepherd Chamber meets on the fourth Monday of every month at our building on Hwy 150. We share it with attorney Mark Porter. If you want to attend a Chamber meeting, please come! We start at 6:00 p.m. Call the Chamber number if you need more information. If you are a member and would like to have me write about your business, some event coming soon or anything you would like readers to know, call me at (936) 628-6397.

Need answers to you business questions? Not sure about the rules and regulations of your business? Call your local chamber to make an appointment with Director Bob Barragan. Bob travels to 10 counties in our area helping people with their problems. He is Director of the Sam Houston State S.B.D.C.

> Coldspring-San Jacinto Chamber of Commerce 31 N. Butler, Coldspring 77331 Call (936) 653-2184 www.coldspringtexas.org

Shepherd Chamber of Commerce Mail to PO Box 520 Shepherd, 77371 Call (936) 628-3515 www.greatershepherdchamberofcommerce.org



''McClain's Food Market''



Buy \$mart, Eat Well

One Pot

9ngredients

- 2 diced chicken breasts (on sale \$1.69lb!)
- Olive oil (2 tbsp.)
- Andouille or smoked sausage (8 oz. sliced) (Holmes sausage on sale \$3.29!)
- 3 cloves garlic, minced
- 1/2 yellow onion, sliced • 1 red bell pepper, sliced
- 1 green bell pepper, sliced
- 2 cups mushroom
- 16 oz. box of your favorite pasta (we used fettuccini) (Skinner 12oz. pasta on sale \$0.77!)
- 5 cups chicken broth
- 1/2 cup heavy cream
- 1 cup shredded parmesan
- 1 tbsp. Cajun seasoning (You can use a store-bought Cajun spice mix or make your own! We used equal parts cayenne pepper, onion powder, paprika, garlic powder, salt, and pepper.)

Directions

- Pour olive oil into the pot. Add diced chicken breast to the pot, cover with cajun seasoning, and stir until the chicken is evenly seasoned. Then, add sliced sausage and stir. Cook the meat on medium heat for 5-10 minutes or until the chicken is cooked through.
- $\bullet \ Once the meat is cooked, add in the garlic, onion, peppers, and mushrooms,\\$ and stir. Continue stirring for 3-5 minutes as the veggies cook down. • Add the dry pasta to the pot (if using long, thin noodles, break in half), then pour in the chicken broth. Stir until everything is well mixed. Cover the pot and bring to a boil. Once boiling, keep covered bring the heat down to a simmer for 10 minutes (stirring every two minutes). If there still extra chicken broth, you can discard it, cook longer until the liquid evaporates, or add a little cornstarch to thicken the liquid.
- Lastly, add heavy cream and Parmesan and stir until your pasta is well blended. Garnish with green onions, more parmesan, a sprinkle of Cajun seasoning (if you want some extra spice), and salt and pepper to taste. Enjoy!

Make it a Meal! Serve with some crusty garlic bread and a fresh leaf salad (Red Tip or Green Leaf Lettuce on sale \$0.99! Salad tomatoes on sale \$0.89lb!) to make this a delicious and easy week-night meal.

Recipe found at www.buzzfeed.com

Senior Menu

8/15: Chicken Ala King, Garlic Spaghetti, Green Lima Beans, Garlic Bread, Tossed Salad & Dressing, Fruit

8/16: Salmon Patties, Baked Au Gratin Potatoes, Mixed Veggies, Rolls, Salad, Fruit

8/17: Fried Chicken with Gravy, Mashed Potatoes, Broccoli & Cheese, Rolls, Salad, Fruit 8/18: Meatball Stroganoff, Buttered Noodles, Corn Casserole, Rolls,

Salad, Fruit 8/19: Smothered Chicken & Gravy, Mashed Potatoes, Northern Beans,

Cornbread, Salad, Fruit 8/22: Pork Loin with Gravy, Mashed Potatoes, Okra & Tomatoes, Tossed

Salad & Dressing, Cornbread, Fruit 8/23: Beef Enchiladas, Pinto Beans, Seasoned Rice, Cornbread, Salad, Fruit 8/24: Breaded Pork Cutlets, Mashed Potatoes, Gravy, Lima Beans,

Cornbread, Salad, Fruit 8/25: Baked Seasoned Chicken and DressingCranberry Sauce, Greens, Cornbread, Salad, Fruit

8/26: Hamburger & Potato Hash, Peas & Carrots, Cabbage, Cornbread, Salad, Fruit

8/29: King Ranch Chicken, Pinto Beans, Mexican Corn, Cornbread, Salad, Fruit

8/30: Baked Ham, Fried Potatoes & Onions, Fried Okra, Cornbread, Salad, Fruit

8/31: Meatloaf, Baked Potato Salad, Buttered Squash, Tossed Salad & Dressing, Rolls, Fruit

> Second Tuesday of each month includes Birthday cake! Call (936) 628-3733 by 9:30 a.m. to reserve a meal! Menu's are Subject To Change Due To Availability.

Shepherd Senior Citizens Center Monthly Newsletter



Wow! How hot it is! Be sure to stay hydrated and eat fresh fruit. We sure want everyone to stay healthy!

Thank you to all our patrons that come visit and eat at the center. You are the reason we do what we do. We hope you enjoy the meals and help spread the word. We always want to see more seniors join us for a great hot meal. Bring a friend and encourage family to come eat. We love having you and...we do the dishes! Remember we have birthday cake for dessert on the second Tuesday of the month to celebrate all the birthdays!

We open at 8:00 a.m. and close at 1:30 p.m. Call us at (936) 628-3733 by 9:30 a.m. and let us know you are coming and we will set a place at the table for you. Like to play dominoes, quilt, or work puzzles? You can always come join in the games! Don't forget our resale shop! They have great deals to share with the community. Come by and check it out Monday through Friday from 8:30 a.m. until 1:00 p.m.

Our volunteers are a great bunch of people that give their time to help us keep up with everything. We want them to know how much we appreciate them and how special they are.

Woodland Park Rehabilitation and Care Center hosted BINGO on August 4th, here at the center from 9:30 a.m. until 11:00 a.m. If you didn't get a chance to come this time be sure to come join the fun next time and possibly win some prizes!

Lastly, school starts this month, so be sure to watch for children in motion, waiting for buses, walking to school, and just generally moving around town. We want them to be safe!





A BIG Happy Birthday from the Senior Citizen's Center to David Costillow, Roxann Rogers, Jerry Wood and Charlene Anderson, who are all pictured above.

We we would also like to wish a Happy Birthday to Albert Carter, Loretta Carter, Travis Castleberry, Carolyn Franklin, Carl Greene, Betty Greenhouse, Ronnie Roberts, Wayne Sumrall and James Talbot!

Community Classifieds

FOR RENT: 3BR/1 ½BA trailer house, \$750.00 per month on sale. Please call (936) 365-2164.

FOR RENT: 2BR/1BA mobile home, all bills paid, \$250.00 deposit and \$650.00 monthly rent. Please contact Mary at (832) 250-6154 or Monica

FOR SALE: 3 year old Mustang paint mare, gentle, \$500.00. 10 year old Mustang gelding, gentle, \$500.00. 15 panel round pen, no gate, heavy duty, \$500.00. Please call (936) 933-7883.

WANTED: Will haul off all non-working appliances, AC units, washers, dryers, refrigerators, freezers, treadmills, batteries, scooters, jet-skis, dirt bikes, go-karts, generators, solar panels, John boats, inverters, etc. Please call 936-252-9043.

Community Calendar

8/15: Monday School Board Meeting, 7pm

8/19: Friday Senior Resale Shop Bag Day

8/22: SISD First day of School

8/24: Bridge of hope community church "Community Fellowship Dinner", Shepherd Middle School, 7PM.

8/25: Orchids 101; 12PM; Coldspring Community Center; \$25 713-252-5254 for more information.

8/26: Shepherd Food Truck; 9am – 11am; Shepherd Community Center; 10251 TX-150, Shepherd, TX 77371

8/27: Senior Center Talent Show; 6pm; Shepherd Senior Citizen's Center

*Every Monday & Tuesday: SISD Bilingual Parent Involvement, 6-8pm at middle school library.

Church News

CALL TO CALVARY MINISTRIES: A church that preaches the Message of the Cross. 793 Thomas Castleberry Rd. Shepherd (off of FM 1127) Sunday 9:30 a.m. SS Worship Service 10:30 a.m. Sunday evening 6:30 p.m. Thursday 7:30 p.m. All Welcome!

SPRING HILL BAPTIST CHURCH: Revival Time! August 22-24,2016 at 7:30 p.m. Theme: "This Means War" Sub-Topic: "I Am Looking For A Fight" Matthew 11:12. Rev. Charles Furr & Pleasant Rose Holiness Church Sister Rosie Reed: (936) 653-4531 located at 9130 State Hwy 150 W. Coldspring, TX 77371 (936) 767-8421. Tell everyone you know!

SPRING HILL BAPTIST CHURCH: Welcome to our annual church anniversary services celebrating one hundred seventeen years! Sunday, September 25, 2016 at 3:00 p.m. Reverend Frank Mason, Pastor; First Lady, Evelyn Mason; Associate Minister, Douglas Jackson; Prophetess, Sheila Jackson. Speaker: Reverend Russell Hutchinson, Jr. Sunlight Baptist Church, Houston, Texas. For more information please call (936) 767-8421 or (936) 653-4531. LAKE POOL BAPTIST CHURCH: Shepherd Community Choir invite all to our 10th year of musical praise to our God and our Father on August 27, 2016 at 6:30 p.m. at Lake Pool Baptist Church. Rev. Murry Williams, Pastor & Christie Andrews, Minister of Music. **INSPIRING HOPE WOMEN'S OUTREACH MINISTRY:** Inspiring Hope Women's Outreach Ministry is extending a "Special Invitation" to women of all ages to come and join us, as we reach out to "touch and change lives" through the study of God's Word. The ministry began in February 2015 when five faithful women, who love God, had a desire to make a difference in their lives as well as the lives of others in the community. Not only do we meet and study God's Word, but we have so much fun doing so!

The meetings are on every third Thursday of the month, beginning with a morning visitation at the Woodland Park Nursing Home in Shepherd, Texas at 10:00 a.m. to 11:00 a.m., followed with an afternoon bible study of the "Women of the Bible" from 4:30 p.m. to 5:30 p.m. at Mt. Zion Baptist Church, 350 South Hill Street, Shepherd, TX 77371.

It is amazing what this ministry has accomplished within a short period of time! What started out with five dedicated women has now begun to grow. Our members include: Director, Dr. Anita Wright, Margaret Williams, Christie Andrews, Sandra Harrison, Sylvia Scott, Sheryl Griffin, Ann Moreland, Eunice Cavil, Jewel Bogney and Ruby Hubbard.

Please come and join us for the next monthly meting scheduled for Thursday, September 15, 2016. We know you'll be blessed! In the meantime, there is a Question: "What kind of woman am I?" For additional information, please contact:

Margaret Williams: (936) 232-2005 Ruby Hubbard: (936) 628-3994 Sylvia Scott: (713) 299-1524

SPRING HILL BAPTIST CHURCH: Pastor's Aid Presenting a Talent Show on **September 3, 2016** at 1:00 p.m. at the Coldspring Jones Auditorium. Pre Sale Tickets: Adult Tickets \$15.00—12 and under

At the Door: Adult Tickets \$20.00—12 and under \$10.00 Lunch Included. Tickets going on sale June 24, 2016

Contestants Registration Fee: Adult \$15.00—12 and under \$5.00 Entry deadline is July 30, 2016.

Adult:

1st place: \$100.00 2nd place: Dinner for Two at Duke's in Cleveland 3rd place: Gift Basket

Youth: 1st place: \$25.00 2nd place: Trophy

3rd place: McDonald's Gift Card Also drawing for door prizes and silent auctions.

We appreciate all talent, BUT keep in mind this is a Church Fundraiser For tickets or to register contact one of the Spring Hill Baptist Church Pastor Aid Members

Gussie Henry: (832) 480-0548 Raye Helen Baines Irene Norsworthy Monique Reed: (936) 239-9804 Edna Allen Bertha Jackson Rosie Reed

Business News



For news or special events to be published in Shepherd Community News: Drop off your information/picture at McClain's, e-mail to mcclains.shepherdnews@gmail.com, or fax to (936) 628-2866. Information may not be taken over the telephone. Include contact information on your request to have something published. Our deadline is 6 p.m. Tuesday for the following week.





out why the birds are so angry. When an island populated by happy, flightless birds is visited by mysterious green piggies, it's up to three unlikely outcast—Red, Chuck and Bomb—to figure out what the pigs are up to.

Starring(voices): Jason Sudeikis, Josh Gad, Danny McBride



Ratchet & Clank (PG) animation/action: When the galaxy comes under the threat of a nefarious space captain, a mechanic and his newfound robot ally join an elite squad of combatants to save the universe. Starring: James Arnold Taylor, David Kaye, Jim Ward



God's Not Dead 2 (PG) drama: When a high school teacher is asked a question in class about Jesus, her response lands her in deep trouble. Starring: Jesse Metcalfe, Melissa Joan Hart, David A.R. White

McClain's does not maintain Cajun DVD movie kiosk and therefore cannot guarantee all movie releases.