### A Public Service of McCLAIN'S FOOD MARKET

Shepherd, Texas March 4, 2015

**BRAIN ANEURYSM AWARENESS 1 MILE WALK** 

IN MEMORY OF BERDINE WILSON

SATURDAY, MARCH 7, 2015

Registration 9-10 am • Walk 10 am - 1 pm

Price will increase after 2/18 to \$25

1401 South Byrd Avenue • Shepherd, TX 77371

\$20 until 2/18/15 which includes a guaranteed t-shirt.

For more event and registration information scan the QR Code below contact Regina Walker at berdinewilson.bawalk@gmail.com or go to:

**BRAIN ANEURYSM** FOUNDATION

Shepherd Middle School Track & Field

Garage Sale at Camilla Cove 20 Cedar Crest St.

Coldspring, TX 77331

Furniture, Dishes, Nick Nacs,

Household Items and much more.

March 13th, 14th and 15th.

8:00 a.m. to 4:00 p.m.

# SHEPHERD COMMUNITY NEWS

**FCCLA Competition**On February 19-20, 2015, Shepherd High School students attended the Family Career and Community Leadership of America (FCCLA) Regional Conference in Galveston, Texas. They competed in various competitions and five of them qualified for the State Convention in Corpus Christi in April. Zachary Truelove and Whitney Keith qualified in Illustrated Talk, Jacki Salinas - Mystery Basket, LaQuencia Martin and Brittany Keith - FCSA's Etiquette Tests. Congratulations SHS and good luck!



Pictured left to right front row: Jackie Garcia, Jackie Salinas, Whitney Keith, Zachary Truelove Back row: Lorena Martinez, Sponsor Ginger Batey, LaQuencia Martin, Brittany Keith, Sponsor Samantha Keith, Josue Marin, Jacob Lopez

Fundraiser for Breast

Cancer Awareness

**Job Opening**San Jacinto County Extension Office is looking for a part time employee to work in the office. Secretarial duties / working with 4-H. You can pick up an Application for Employment at the Extension Office at 11 Carrier Ave, Shepherd TX or Fax your Resume to (936) 628-6513

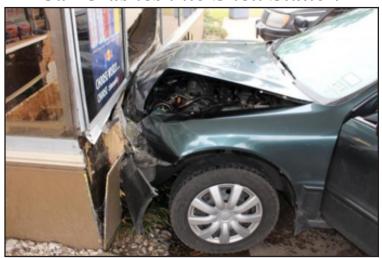
> Thanks Janice Chamblee AgriLife Extension Office P.O. Box 1086 Shepherd TX 77371 936-628-6407

The San Jacinto County Retired School Personnel Association will

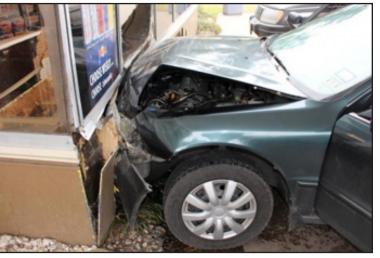
Members are reminded to bring children's books for Care Share and Helping Hands. For further information, call President Don Leedy at (936) 377-3946.

#### Retired School Personnel to Meet

meet on Tuesday, March 3, 2015 at 3:00 p. m. at the Senior Center in Coldspring. Don Leedy will present the history of the Texas Retired Teachers Association, the largest such organization in the country. All retired school personnel are invited to attend and join our group.



# Car Crashes into Shell Station



On February 24, 2015 at approximately 1:30 p.m. a report was made to the San Jacinto County Sheriff's Office that a vehicle had crashed into the Shell Gas Station. The driver allegedly was pulling into a parking spot on the north side of the station when his throttle stuck. His vehicle sped forward and crashed into the store. Constable Pct. 1 Roy Pippen arrived at the scene and began an investigation. The vehicle had to be pulled away from the scene by East Tex Towing.



# 197796'S BOOK Shelf

The 5th Wave by Rick Yancey

457 pages

√V Lizzil Genre: Young Adult/Dystopian

Summary: "If aliens ever visit us, I think the outcome would be much as when Christopher Columbus first landed in America, which didn't turn out very well for the Native Americans." -Stephen Hawking

After the 1st wave, only darkness remains. After the 2nd, only the lucky escape, after the 3rd only the unlucky survive. After the 4th wave, only one rule remains: trust no one.

Now, it's the dawn of the 5th wave, and on a lonely stretch of highway, Cassie runs from Them. The beings who only look human, who roam the countryside killing anyone they see. Who have scattered Earth's last survivors. To stay alone is to stay alive, Cassie believes, until she meets Evan Walker.

Beguiling and mysterious, Evan Walker may be Cassie's only hope for rescuing her brother—or even saving herself. But Cassie must choose: between trust and despair, between defiance and surrender, between life and death. To give up or to get up.

My Review: This, my fellow book lovers of all ages, is a winner. This book is right up there with Divergent, Delirium, and (dare I say it?) ... The Hunger Games (gasp!) No, I take it back. I can't say it's THAT good. But it runs pretty close, which is still a heck of a compliment. This book's concept is similar to what I loved about Until the End of the World, which I reviewed semi-recently. In that book, you're at the start of a zombie apocalypse that's caused by a fast-spreading illness as if it were to really happen right now, in today's world, and it was all just so realistic. So seemingly possible, that it was absolutely terrifying. Exhilarating. Terrifyingly exhilarant. (That's proper English, right? Meh). The concept in this book is exactly the same, but replace the zombies with aliens who are so much further advanced than we are that it's like "comparing the dumbest human to the smartest dog" as the main character, Cassie, so eloquently put it. And the scariest part: They, Look, Just, Like, Us, And, oh yeah, the cherry on top is: They act just like us, too. Go figure.

The book jumps view points a few times between several different characters, which I've noticed a lot of readers complain about, but it's something I've always really enjoyed, in any book. If it's done well, as I feel it was in this one, it brings you closer and gives you more understanding of each character on a deeper level. I loved Cassie. Sure she does a couple of dumb things, but she is 16 and compared to the female heroines in most YA novels, she's golden. Her inner monologues were snarky, sarcastic, and hilarious. Especially the way she talks to "bear" which had me laughing out loud at times. Here's a non-spoiling quote of Cassie's that gave me a slight smirk, if not an out loud giggle, "I would kill for a cheeseburger. Honestly. If I stumbled across someone eating a cheeseburger, I would kill them for it." Oh, Cassie. You understand me. At least she needs an alien apocalypse to feel this way, whereas I feel the exact same way every day at noon if I haven't had time to get lunch yet. That's normal, right? My sister says it is. She's not biased or anything.

But I think what makes this book really good is not the excellent action scenes, the well-developed characters, or the moral dilemmas they face; it is the sense of never knowing who can be trusted. The author conveys this feeling so well that I became as tense and untrusting as the characters were. I yearned to finish the novel simply because I. Had. To. Know. Which ones are the bad guys?! I think it's...but, what if it's?... GAH! I. JUST. DON'T. KNOW!

But I do know now. And if you know what's good for you, you'll go buy this book and put yourself through the same sweet torture that I myself just suffered through. And loved every minute of.

Parental Guidance: 12-17 years (BN.com). Some profanity, minimal kissing, a lot of violence, as humans are subject to complete genocide. Stand Alone or Series: The 5th Wave is the first in a planned trilogy. It is followed by *The Infinite Sea*, which is available for purchase. The third book is currently untitled and is set for a September 2015 release.

Price: I found copies new, used, and e-book on Amazon from \$3.09-\$11.30.

## Chemistry Students Explore Kinetic Molecular Theory

The Shepherd High School cheerleaders held a tshirt fundraiser for

Breast Cancer Awareness. The girls raised \$1,300 to be split between the

American Cancer Society and the Blue and White Scholarship.



Shepherd High School chemistry students explored the concept of the Ideal gas laws and kinetic molecular theory. They used the balloons to trap the empty space between heated gas "air" molecules thus creating a type of buoyant force.

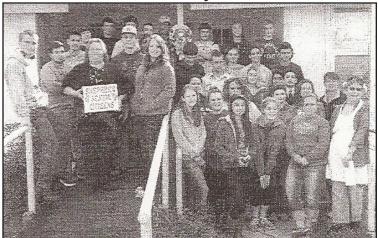
## Mrs. Gallmeier's Classes Finished Reading "A Separate Peace"

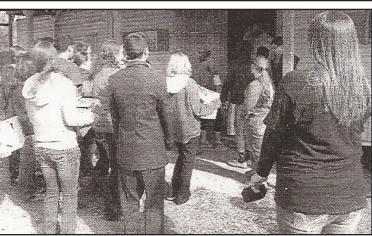


Mrs. Gallmeier's English I Pre-AP classes finished reading A Separate Peace by John Knowles as part of a unit on expository and persuasive texts. The novel is about friendship, jealousy and forgiveness with one of the characters death in question.

On Friday, February 20th, the students presented a "Mock Trial" with half of the class as the prosecution team putting one of the book characters on trail for murdering his best friend. The other half of the class was the defense team proving the characters innocence. Each team presented opening and closing statement, as well as two arguments. Miss Clark's Senior students made up the jury with Amanda Stayton, Assistant Principal presiding as the judge.

## Senior Center Says Thank You







We want to express our gratitude to Shepherd High School, Coldspring High School and the Farm Bureau of San Jacinto County for their determined efforts collecting canned goods to be shared at our Senior Citizens Center in Shepherd and San Jacinto County Senior Center in Coldspring. We appreciate all of the students, teachers, and staff at the Farm Bureau. What a kind and wonderful thing you have done. If these students are a sample of our future citizens, we will be truly blessed.

# Did you know...

By Yvonne Ryba

During the next few weeks we have several social events in our area. The Women's League of San Jacinto County is holding its annual Style Show Luncheon including a splendid Silent Auction. The theme is 'Taking a Cruise', so tickets are 'Boarding Passes' and are \$25 each. This includes a wonderful lunch catered by the Church Ladies and the Style show, fashions by 'Sue's Boutique On The Lake'. The Cruise 'arrival destination' is Jones Hall in Coldspring at 125 FM 1514. The Silent Auction will include a Bake Sale and many other excellent items. Lunch will be at noon on March 12, call Nancy Ellis for tickets at (713) 256-3613.

There will be a lunch hosted by Coldspring /San Jacinto Chamber of Commerce on March 24 at Coldspring Community Center. If you want to hear more about the oil and gas industry and of the State and National economy, come to hear an expert share his views. Jesse Thompson, Business Economist with the Federal Reserve Bank of Dallas will be the guest speaker at the lunch. He holds an MA in Applied Economics and an MA in Philosophy and Economics from the University of Houston. There will also be a representative from Coldspring/Oakhurst CISD Education Foundation who will share information with us. Tickets are \$15, to reserve your place by March 20, call the Coldspring Chamber at (936) 653-2184.

The City of Shepherd is holding two events in April. I talked about 'Diva Night' last week. The Friends of Shepherd Library will hold its 2nd annual fund raiser Diva Night on April 25, Saturday at 6:00 p.m. at the Shepherd Community Center. This is a night for ladies to enjoy food, fun and music from J. Enloe, who was our DJ last year too. Come to pamper yourself! The theme will be the Roaring 20's Flapper Scene. Entry is free. Vendors please call the Library at (936) 628-3515.

Before that on Saturday, April 4 from 11 a.m. until 1:00 p.m. there will be a special event for everyone to enjoy at the Community Center and Park. SMEA (Shepherd Ministers & Educators Association) will host a celebration for everyone to enjoy the celebration of Easter time. The City of Shepherd, Shepherd Library and the Chamber of Commerce will join with SMEA members to provide free food and give-outs as well as give information on their services. Join in with some or all of these organizations and enjoy the fellowship and knowledge which is being shared.

> Shepherd Chamber of Commerce 11231 Hwy 150, Shepherd, 77371 Mail: PO Box 520, Shepherd. Call (936) 628-3890

#### Senior Citizen Menu

Mon 3/2: King Ranch Chicken, Squash, Pinto Beans, Tossed Salad, Cornbread, Fruit Cocktail

Tue 3/3: Pork Loin, With Brown Gravy, Mashed Potatoes, Mixed Veggies, Cornbread, Salad, Pudding

Wed 3/4: Chicken & Dumplings, Green Beans, Cornbread, Salad, Fruit Thur 3/5: Chopped Bbg Beef Rolls, Coleslaw, Baked Beans, Onions, Pickles, Fruit

Fri 3/6: Chicken Nuggets, White Gravy, Broccoli Quiche, Tomato & Cucumber Salad, Rolls, Cookie

Mon 3/9: Chicken Spaghetti, Beets, Tossed Salad, Garlic Bread, Fruit Tue 3/10: Beef Sausage, Cheesy Potatoes, Okra & Tomatoes, Cornbread,

Salad, Fruit Wed 3/11: Fried Fish, Hush Puppies, Baked Potato Salad, Cole Slaw,

Thur 3/12: Diced Ham & Potato Casserole, Cabbage, Cornbread, Salad, Fruit Fri 3/13: Chicken Egg Rolls, Fried Rice, Candied Carrots, Wheat Bread, Salad, Fruit

Apple Crisp

Mon 3/16: Chicken Ala King, Mashed Potatoes, Blackeye Peas, Cornbread, Salad, Fruit

Tue 3/17: Meatloaf, Cheesy Potatoes, Green Beans, Cornbread, Salad, Fruit Wed 3/18: Fried Chicken, Gravy, Mashed Potatoes, Greens, Cornbread,

Thur 3/19: Salmon Patty, Macaroni & Cheese, Pea Salad, Rolls, Fruit Fri 3/20: Cranberry Glazed Baked Chicken, Bread Stuffing, Navy Beans, Salad, Fruit

Mon 3/23: Hamburger Patty With Gravy & Onions, Buttered Noodles, Black Eye Peas, Cornbread, Salad, Fruit

Tue 3/24: Coctail Weiners, Seasoned Rice, Carrots, Garlic Bread, Salad, Fruit Wed 3/25: Baked Turkey, Scalloped Potatoes, Pinto Beans, Cornbread, Salad, Fruit

Thur 3/26: Beef Tips With Buttered Noodles, Broccoli With Cheese, Rolls, Salad, Fruit

Fri 3/27: Chicken & Sausage & Shrimp Gumbo, Rice, Tossed Salad, Crackers, Fruit Cobbler

Mon 3/30: Sliced Ham, Yams, Pinto Beans, Cornbread, Salad, Fruit Tue 3/31: Pork Loin, Brown Gravy, Mashed Potatoes, Peas & Carrots, Cornbread, Salad, Fruit

Please call before 9:30 a.m. if possible for lunches, so we can have a count! (936)-628-3733 Menu subject to change without notice. Second Tuesday of each month dessert includes birthday cake!

Shepherd Senior Citizens serve @ 11:30 a.m.-12:30 p.m.

# Community Classifieds

FOR SALE: 2 female Shelties with papers. Both are three years old. Colored sable & white, very beautiful. \$300 each. Call 281-761-9783.

JOB OFFERING: San Jacinto County Extension Office is looking for a Part Time person to work in the office. Secretarial duties / working with 4-H you can pick up an Application for Employment at the Extension Office at 11 Carrier Ave, Shepherd TX or Fax your Resume to 936-628-6513 FOR RENT: 2BR/1BA mobile home, \$525 per month plus deposits. Please call 281-467-7533.

FOR SALE: 2BR/1BA home on 3 acres in Moscow, TX. Kitchen, living room, carpet, country porch and lots of trees. Needs a little work. \$45,000. Please call 409-293-8981.

GARAGE SALE: Huge garage sale at First Assembly of God Church on 150 in Shepherd March 6th & 7th from 9 a.m. until ?. 936-628-3724. GARAGE SALE: 20 Cedar Crest St. Coldspring, TX 77331 Furniture, Dishes, Nick Nacs, Household Items and much more. March 13th, 14th and 15th. 8:00 a.m. to 4:00 p.m

### Community Calendar

3/2: Monday EDC Meeting, 7pm/EDC Building

3/3: Retired School personnel to meet 3PM at the Senior Center

3/6: Senior Resale Shop Bag Day 3/10: First station auxiliary meeting at 7PM

3/10: City Council Meeting, 7pm/Community Center

3/13: SISD Spring Break 3/16: SISD Spring Break

3/17: SISD Spring Break

3/18: SISD Spring Break

3/19: SISD Spring Break 3/20: SISD Spring Break

3/20: Senior Resale Shop Bag Day

3/23: Shepherd Chamber of Commerce meeting, 6pm/EDC

3/27: Bob Brannagan's monthly consultations with current or prospective business owners, 10am-noon/Chamber Office

# Every time I get the urge to clean.. I watch Hoarders.. and I decide my house isn't that dirty after all!



your ecards

# Hey Middle School Parents! Did You Know?

Starting January 13th, the Middle School Library and Computer Lab will stay open to students from 3:30 p.m. to 5:00 p.m. on Tuesdays, Wednesdays, and Thursdays. This gives students a quiet place to complete homework, or computer access for online tutorials. Students must have a permission slip signed and returned before they will be allowed to stay after school. Transportation will NOT be provided, and arrangements will need to be made by the student and parents. For any questions please contact the Middle School Library at (936) 628-2966 or email rramos@ shepherdisd.net.

## Church News

CALL TO CALVARY MINISTRIES: A church that preaches the Message of the Cross. 793 Thomas Castleberry Rd. Shepherd (off of FM 1127) Sunday 9:30 a.m. SS Worship Service 10:30 a.m. Sunday evening 6:30 p.m. Thursday 7:30 p.m. All Welcome!

FIRST ASSEMBLY OF GOD: Cake Sale at the First Assembly of God Church on Good Friday, April 3, 2015.

SPRINGHILL BAPTIST CHURCH: Damaged but Delivered Conference 2015, Friday, February 27th at 7 p.m. and Saturday, February 28th at 9 a.m. Guest speakers: Apostle Helen Bedford: Word of Power Apostolic Church; Pastor Keith Johnson & Co-Pastor 1st Lady Clara Johnson: St. Lukes Church; 1st Lady Evelyn Mason: Spring Hill Church; SI's Monica Harrell: Family Faith Church; Minister Sheila Burns: Pleasant Grove Church. Key Note Speaker, Saturday: Pastor L. Kinder, By Gods Grace Church. For more information contact Minister Douglas and Sheila Jackson at (936) 203-3209.

FIRST ASSEMBLY OF GOD: First Assembly of God in Shepherd is having a Bake Sale at McClain's! Cakes, pies, and much more! On April 3rd—Good Friday

### Senior Citizens Newsletter

Is it already March?! Wow! I have always heard time flies when you are having fun...I guess we are having a blast!

We want to thank all of our volunteers that so graciously give their time to help us keep things going around here. They are such a vital part of our everyday operations. We love you all and thank you!

We had bingo last month and everyone had such a good time. Thank you Deborah Stearns. Without her we would be missing out on a lot of fun! We will be doing it again this month on March 5th and March 19th at 9:00 a.m. until approximately 10:45 a.m. The bingo cards cost 25 cents each

with a maximum of 4 cards per player. Come join in the fun! We also want to extend a thank you to Shepherd United Methodist Church members for construction of a new entry ramp for our building. They are a bunch of fun and thoughtful people that are always helping out in our community. We are very grateful to have them as our friends. Also, thanks to the Shepherd's way church that makes regular donations to our center to help those in need. We appreciate being able to help persons less fortunate.

We have also been included in a grant for the county through the commissioner's court that will be helping us with a new building. We have been in our building since 1985 and it will still serve us in other ways in the future. We have simply outgrown the space and need to expand. We will give you more details as we develop our plans.

Our center opens at 8:00 a.m., we serve lunch at approximately 11:30 a.m., and we close at 1:30 p.m. Call us by 9:30 a.m. to tell us you will be here for lunch and we will set a place at the table for you. When you call and let us know you are coming for lunch, you help in two ways. We know how many to cook for and helps us control wasted food.

Our resale shop opens at 8:30 a.m. and closes at 1:00 p.m. On the first and third Friday's of each month we have bag dag. You can fill a grocery bag full of clothing only for a price of \$3, What a deal!

# Love sharing your opinion? **Share it with us!**



We want to know what you think of Shepherd Community News! Please send us an e-mail telling us what you like, don't like, or think we could improve upon, because we think feedback is awesome, and we want every-one to love our paper just as much as we do! mcclains.shepherdnews@gmail.com

# Buy \$mart, Eat Well

#### **Ranch Potatoes Ingredients**

• 8-10 medium potatoes (cut into ½? cubes) (5lb bag on sale \$0.99!)

- 1 can cream of mushroom soup
- (undiluted) • 1 ½ cups milk
- 1 envelope ranch dressing mix
- 2 cups shredded cheddar cheese (divided)
- · Salt and pepper
- 6 bacon slices (cooked until crispy and crumbled) (bar-s bacon on sale \$2.79!)

### **Directions**

Step 1: Pre-heat the oven to 350 degrees. Add potatoes to a large pot. Add enough water to cover the potatoes and bring to a boil over high heat. Cook for 10-12 minutes or until the potatoes are almost tender. Drain. Step 2: Lightly grease an 13×9 inch casserole dish. In a bowl mix together cream of mushroom soup, milk, ranch dressing, 1 cup of the cheese, salt

and pepper. Pour over potatoes in the casserole dish. Step 3: Sprinkle remaining cup of shredded cheddar cheese and the crumbled bacon over the top. Place into the oven and bake uncovered for 25-30 minutes or until the potatoes are tender.

Serve with yummy chicken breasts (on sale \$2.29lb!) and fresh yellow squash (on sale \$0.99lb!)

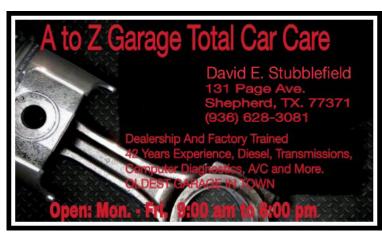
Please note: Because we are no longer responsible for receiving movies, we cannot guarantee all movies will be available for rent on this date.

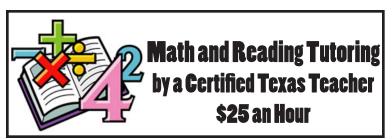
Have any good family recipes? Share them with us! You can send them to us through Facebook or email us! mcclains.shepherdnews@gmail.com

### **Business News**

# in's Food Market'







## A Tree Service You Can Afford!



25 years experience Licensed & Insured Removal, Topping, Climbing Call Joe or Tara (936) 653-8484



For news or special events to be published in Shepherd Community News: Drop off your information/picture at McClain's, e-mail to mcclains.shepherdnews@gmail.com, or fax to (936) 628-2866. Information may not be taken over the telephone. Include contact information on your request to have something published. Our deadline is 6 p.m. Tuesday for the following week.